

Reprinted from Daily Lift, July 10, 2013.  
Republished with permission of the Christian Science Publishing  
Society. All rights reserved.

## One new idea

By Elise L. Moore, C.S.B.

What makes life exciting? What gives life that sense of joy and adventure? For me, it's discovering a new idea. I love learning something new - a new insight, a new fact. And the most exciting thing for me is having an inspiration about God, or God's creation, and seeing something spiritually that I hadn't seen before. It's really exciting to me because it actually heals and saves.

One new inspiration a day - it might be something I'd considered before, but it just "pops." Like thinking about God as divine love and realizing that means love is the most powerful force for good in the world. Or, that love is everywhere - and that means everywhere I am, no matter where I am, that I'm stepping into love, surrounded by love, living in love. Or it might be a new idea I've never considered before and I discover I'm in this new place mentally - there's a seismic shift and my life changes permanently.

One new idea. If you pray today for one new idea, you'll be ready to receive the new ideas God has for you. So let's strive for that one insight, the one novel inspiration each day, and keep life exciting, joyous and a divine adventure.